

KAYAK LESSONS IN WARM POOL

Where: CLUB ACUAVITA, Cleveland 8612

When: EVERY FRIDAY, AT 9:15PM

Kayaking lessons in warm water pool, for practicing esquima. I roll or learning it from the beginning. That's the first step before going into the white water in the rivers.

We start classes when every swimmer is already out of the pool. You must be at the gym at 9:15pm to be ready to drop with your kayak at the pool at 9:30. Our time on water is from 9:30 10:30pm.

Bring: bathing suit, slippers and latex cap. Without this equipment you can not paddle!

Includes: kayak, paddle, helmet and sprayskirt



6.000 p/p X class

In the case you have your own equipment, o price of the lessons in time in the pool is \$3.500